



Do you know someone who needs help managing their medications?

Medications can help us feel better and live longer, but they can also be dangerous if taken the wrong way. Many people make mistakes when taking their medicine. In fact, about 50 percent of patients do not take their medications as prescribed.* These mistakes can cause serious problems, ranging from falls to medical conditions, hospital stays and even death.

The good news is, we have an experienced team of pharmacists and nurses to help you manage your medications. Our goal is to help minimize problems with medicines to increase health outcomes with safe medication use. We bring our Medication Safety Program services to you - all at no cost.

Do these questions apply to you—or someone you care for?

- Do you have a plan to handle your medications and health issues during an emergency?
- Do you take five or more medications?
- Does more than one doctor prescribe medications for you on a regular basis?
- Do you get your prescriptions filled at more than one pharmacy?
- Is it hard for you to take your medications as prescribed, or do you sometimes choose not to?
- Are there any medications that you need that you are unable to get?
- Do you have questions about how your medicines work and how to take them?

If you answered "yes" to any of these questions, the staff at C-MEDS can work with you and your physician to reduce your risk for medication problems. We are just a phone call away!

To be eligible for this program, you must be:

-An adult 55 years and older who is experiencing or suspected of experiencing issues related to medication use

-An adult caregiver of a person 55 years and older who helps an older adult with their medications and needs help with managing their medications.

-English, Spanish or Tagalog speaking

We're here to answer your medication questions.

To learn more about our medication safety program, contact:

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